As you are aware, we are unfortunately in the midst of a third and more powerful wave of this COVID-19 pandemic. Not only the State but Rockingham county in particular has seen a significant increase in the number of COVID-19 cases. Today Kelly and I were both on a conference call with Dr. Chan the State Epidemiologist as well as other medical experts from the Division of Public Health where he said that children with RUNNY NOSES be excluded from childcare centers regardless if they have any other symptoms, 1 in 4 cases of child positive cases present with runny noses which is known to be an early symptom.

We are asking that you DO NOT send your child in with a runny nose although children especially young children can have a runny nose for a multiple of reasons we are not medical experts to be able to make that determination. If your child has a runny nose or any other COVID-19 symptoms in order to return to care they MUST

* have a negative PCR or Antigen test AND
* they are fever/symptom free with no medication for 24 hours AND
* they do not have any other risk factors (exposure to COVID +, travel, etc) If and only IF all THREE of those are completed may they be able to return to care.

If you choose not to have your child tested then they will have to meet the CDC the requirements for discontinuation of isolation.

Dr. Chan also explained that he and his team are strongly urging doctors to NOT write letters to schools stating that children may return to school without being tested and with symptoms of COVID 19 i.e. runny nose. We at Little Blessings will NOT be accepting these letters in order to keep our staff and children safe.

Another topic that was discussed is the topic of travel and with the Holiday season quickly approaching we wanted to make sure that you keep up to date on the travel restrictions that the State issues currently any travel outside of New England requires a 14 day quarantine and Dr. Chan was pretty clear that these regulations will be tightening up. Little Blessings will be strictly adhering to these regulations. Dr. Chan emphasized that the travel restrictions WILL be changing as we move closer to the Holidays. I will be sure to share those with you when they are released.

For the health and safety of everyone at Little Blessings children, staff, and families we all need to be vigilant and take these regulations seriously in order to reduce community exposure and so that we can continue to provide care without having to close. Please take the time to watch the ZOOM call and read through the Power Point if you have any questions or need clarification you can reach out to Public Health at 271-4496.
ZOOM call with Dr. Chan and Team
Power Point Dr. Chan