



## Song-versations

When you're waiting for an appointment, create singing conversations. Instead of talking back and forth, quietly sing what you want to say to each other. How does your child respond? Then try whispering. Keep going back and forth and make it a game.



## Brainy Background Powered by Mind in the Making

Singing his/her words and whispering them gives your child practice with controlling his/her behavior to play the game. This self-control is an important foundation for learning and being able to do what it takes to meet goals.