



## **Resource List of CPR and First Aid Trainings**

Below you will find a list of potential options for your CPR and First Aid Certification needs. This list is provided as a courtesy and is not an endorsement by Southern New Hampshire Services Child Care Resource and Referral for any particular organization or program. Please review the New Hampshire Child Care Licensing Rules and Regulations to ensure that a certification training satisfies state requirements on CPR and First Aid certification.

### **NATIONAL WEBLINKS**

- **American Red Cross:** <http://www.redcross.org/>
- **American Heart Association:** <http://www.heart.org/HEARTORG/>

### **BERLIN/LITTLETON AREA**

- **Gorham Ambulance Service**, Gorham Town Hall (603) 466-5611
- **Upper Connecticut Valley Hospital**, (603) 388-4253, 181 Corliss Ln, Colebrook, NH 03576.
- **Evergreen Sports Center**, (603) 838-6511, 2572 Route 302, Lisbon, NH 03585

### **CONWAY AREA**

- **Peter Waugh at Ossipee Recreation Department**, Ossipee, NH 03814 (603)539-1307 or [www.ossipeerec.org](http://www.ossipeerec.org)

### **NASHUA AREA**

- **St. Joseph School of Nursing** - 5 Woodward Avenue, Nashua
- **CPR/First Aid Courses:** They offer all levels of CPR courses periodically throughout the year. Interested individuals may contact St. Joseph School of Nursing at 603-594-2567, extension 68002. [http://www.sjhacademiccenter.org/soho\\_overview.htm](http://www.sjhacademiccenter.org/soho_overview.htm)
- **American Red Cross - Nashua Gateway Chapter** - 28 Concord Street, Nashua, NH 03064; (603) 889-6664; (603) 886-1316 FAX; <http://nhredcross.org>
- **American Red Cross** - 442 Nashua Street, Milford, NH 03055; (603) 673-5245; <http://www.redcross.org/>
- **American Heart Association** – CRP First Aid Training Sites – to locate a class near you: [http://www.heart.org/HEARTORG/CPRAndECC/FindaCPRClass/Find-a-CPR-Class\\_UCM\\_303220\\_SubHomePage.jsp](http://www.heart.org/HEARTORG/CPRAndECC/FindaCPRClass/Find-a-CPR-Class_UCM_303220_SubHomePage.jsp)

### **SALEM/DERRY AREA**

- **Educational Critical Care Concepts, LLC (American Heart Association)** - 25 Indian Rock Road (Rt. 111), Suite 25, Windham, NH 03087 (603) 890-3533. Training site locations: Windham, NH Office; Wakefield, MA Office; Parkland Medical Center, Derry; Portsmouth Regional Hospital <http://www.educational-c3.com/>
- **American Heart Association** – CRP First Aid Training Sites – to locate a class near you: [http://www.heart.org/HEARTORG/CPRAndECC/FindaCPRClass/Find-a-CPR-Class\\_UCM\\_303220\\_SubHomePage.jsp](http://www.heart.org/HEARTORG/CPRAndECC/FindaCPRClass/Find-a-CPR-Class_UCM_303220_SubHomePage.jsp)

### **SEACOAST AREA**

- **Cintas First Aid & Safety Your Rating** - (866) 571-8476
- **BasicLifeSupport.biz, LLC** - Portsmouth, NH 03801 (978) 219-3015
- **American Red Cross** - 273 Corporate Dr., Portsmouth, NH 03801 (603) 766-5440
- **CPR, First Aid and Safety Instruction** – (603) 834-3177. By email: [info@coastalcpr.com](mailto:info@coastalcpr.com), Exeter Health Resources, 5 Alumni Drive, Exeter, New Hampshire 03833

**Other Considerations: Local Hospitals, Fire Departments, Community Centers**